



26th April, 2009

Rotary Naracoorte



Entry Form

CAVES FUN RUN & PEDALFEST

WIN \$1000 in prizes

Telephone 8762 2315 Facsimile 8762 1997 Mobile 0427 622 315 Website www.naracoorterotary.com.au
On Sunday 26th April, 2009 people of all shapes, sizes, ages and fitness levels will walk, jog, run or pedal the route.
Take in the scenery or set a goal to beat your personal best and push yourself to the limit. "Be Active", Be In It.

TWO DISTANCE OPTIONS

10km (Full event) or 5km. The 10km event starts at Caves Rd near Pinkerton Rd. The 5km event starts from Caves Rd/Pitts Lane Corner.

Bike ride will start at Caves Rd, follows Pinkerton Road to Langkoop Road then Hynam-Caves Road to the Caves.

Entry Fee: Adults \$15, Children \$5 (under 18), Family \$35 (2 A, 2 C).

ENTRY INCLUDES

- Certificate of Participation.
- Support and First Aid (if required).
- Refreshment stations (with water) along the route and at the finish.
- "Be Active" Merchandise.
- Presentations to first three male and female placegetters.
10km and 5km running events and bike event.
- Transport for your baggage to the Caves.
- Return transport to starting points after presentations (if required).
- Lucky Draw for all participants entering on or before 23rd April, 2009.
Winner receives a \$100 fuel voucher donated by Barrett Distributors.

SPECIAL INCENTIVE

Prizes for first adult male and female in each event.

ENTRY IS OPEN TO ANYONE

Full terms and conditions are available from www.naracoorterotary.com.au
For further information call the numbers provided.

Please post your registration to:
Naracoorte-Caves Fun Run and Pedalfest, Rotary Club of Naracoorte Inc
PO Box 654, Naracoorte SA 5271

Cheques should be made payable to Rotary Club of Naracoorte Inc.

ENTRIES PREFERRED BY: 5pm Thursday 23rd April, 2009 and will enter the Lucky Draw to win a \$100 fuel voucher.

After you pass through the official finish, settle back and enjoy the facilities at the World Heritage Listed Naracoorte Caves National Park & partake of a sausage sizzle.

PERSONAL DETAILS

Surname _____ First name _____

Date of birth _____ Gender m f

Address _____ State _____ Post Code _____

Telephone _____ (AH) _____ (Bus)

Mobile _____ Email _____

Emergency contact name _____ Emergency contact phone _____

Please list any medical details we should be aware of _____

EVENT DETAILS

Registration (Please tick appropriate box)

Individual Child (under 18) Team / Corporate Name _____

Nominate your distance for the Rotary Naracoorte - Caves Fun Run & Pedalfest

NARACOORTE - CAVES 10KM	PITTS LANE - CAVES 5KM	PEDALFEST 15KM
<input type="checkbox"/> Distance 10km Run - Start time 10am	<input type="checkbox"/> Distance 5km Run - Start time 10.25am	<input type="checkbox"/> Distance 15km Ride - Start time 10.30am
<input type="checkbox"/> Distance 10km Walk - Start time 10am	<input type="checkbox"/> Distance 5km Walk - Start time 10.25am	

PARTICIPANTS DECLARATION

ADULTS: I have read the Declaration, Waiver and Indemnity Information at www.naracoorterotary.com.au

Signed _____ Date _____

MINORS: For entrants under the age of 18 years on the day of the Event, this section **MUST** be signed by a parent or guardian.

I _____ certify that I am the parent/guardian of _____

(the Minor) who will be _____ years of age on the day of the Event. I have read the Declaration, Waiver and Indemnity information at www.naracoorterotary.com.au.
I confirm that the Minor has my consent to attend at and participate in the Event.

Signed _____ Date _____

Event Instructions

Event: Sunday 26th April, 2009 10.00am

1. Start Instructions 10km Event

Runners start 10.00am, Walkers start 10.00am
Arrive early-assemble at least 15-30 minutes prior to the start and collect your entrant number. If you have sponsors for your entry please hand your sponsorship form in when collecting your entrant number. The form, certified as to your participation will be recorded and handed back to you. Warm up before you start.

2. Start Instructions 15km Pedalfest Event

Cyclists start 10.05am
Arrive early-assemble at least 15-30 minutes prior to the start and collect your entrant number. If you have sponsors for your entry please hand your sponsorship form in when collecting your entrant number. The form, certified as to your participation will be recorded and handed back to you. Warm up before you start.

3. Start Instructions 5km Event

Runners start 10.25am, Walkers start 10.25am
Arrive early-assemble at least 15 minutes prior to the start near Pitts Lane - East of Pitts Lane / Caves Rd, and collect your entrant number. If you have sponsors for your entry please hand your sponsorship form in when collecting your entrant number. The form, certified as to your participation will be recorded and handed back to you. Warm up before you start.

Beware: Access to this starting point from the northern end of Caves Road will be closed at the Attiwill St / Pinkerton Rd / Caves Rd intersection at 9.50am. Access from the Caves-Hynam Rd / Caves Rd corner will be closed from 10am.

4. Team or Corporate Category

3 or 4 members to a team. Name of team on entry form. First 3 count.

5. Entrant Numbers

Make sure your entrant number is pinned onto your chest. Times of all entrants will be recorded.

6. Baggage

If you required baggage to be taken to the finish line deliver to the trailer:

10km event: Adjacent to starting line before 9.50am

15km Pedalfest: Adjacent to starting line before 10.25am

5km event: Adjacent to starting line before 10.15am

What to do: Put your belongings in a plastic bag (provided), write your entrant number on the outside and give it to the baggage official who will record its receipt and load it onto the trailer.

Where to collect: The baggage trailer will be located at the Naracoorte Caves Car Park 100 metres north of the finish line. Please collect your belongings immediately after you finish your event.

7. Toilets

Available at the 10km starting point, at the 5km starting point (Pitts Lane), and at the finish.

8. Refreshments

Water: Bring your own water bottle (filled with water) to ensure you do not dehydrate during the event.

Water stops will be available at the 11km start, Pistol Club Rd corner, the 5km start (Pitts Lane), Caves Rd corner.

9. Route Instructions

Road Closures: The Caves Rd will be closed fully for the event except for official and local resident traffic. There will be traffic control on the Caves-Hynam Rd. The Caves-Hynam Rd and the Caves-Edwards Rd will be marshalled. Be careful entering the Caves-Hynam Rd from the Caves Rd and crossing from Caves-Hynam Rd into Caves-Edwards Rd (Marshalls will be at this intersection). Everyone participating will be required to adhere to all rules and directions given by police, council personnel and event officials.

10. Finish Instructions

The finish will be in the Naracoorte Caves National Park for the run/walk. Finish for the Pedalfest will be near the Car Park entrance via Metal Rd.

As you pass through the finish line you will be approached by an official who will record your entrant number and time.

Do not delay at the finish line as you may hinder other entrants.

Collect your baggage if you have arranged for cartage.

If you are requiring transport back to the starting points let the baggage official know.

Refreshments for entrants will be available in the presentation area.

11. Presentations

Prizes, place getters and Certificates of Participation presentations will be made on the lawns adjacent the Wonambi centre.

12. Food and Facilities

A sausage sizzle, fruit and tea/coffee will be available for purchase from the Rotary marquee, or you can enjoy the facilities of the Caves Café (bookings may be advisable). Have a BBQ, visit the caves and relax in the natural surroundings. The choice is yours.

13. Sponsorships

If you have sponsors for your entry please ensure you receive your sponsorship form back and that it is endorsed by a Rotary official certifying your participation.

If you require further copies of entry or sponsorship forms please visit www.naracoort Rotary.com.au or call 8762 1399, 8762 2340, 8762 2315 or 0427 622 315.



Rotary Naracoorte

CAVES FUN RUN & PEDALFEST



Sponsorship Form

First Name	Surname	Supporter's Address	Suburb	Postcode	Donation Amount \$	Supporter's Initials
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

PARTICIPANTS TO COMPLETE

Participants Name _____

Event - 10km _____ 5km _____ for _____

My personal goal is to raise \$ _____

(Enter name of group/charity)

Gaining sponsorship is optional and not a compulsory component of Rotary Naracoorte - Caves Fun Run and Pedalfest. However, even a small contribution will make a difference to the group / charity of your choice. The form will be returned to you on completion of the event and your nominated group / charity notified of the result.

Declaration, Waiver and Indemnity

This is to be read in conjunction with the entry form.

In consideration of accepting this entry and allowing me to participate in the Rotary Naracoorte - Caves Fun Run and Pedalfest (Event), I the undersigned (for myself, my heirs, executors and administrators) agree with the Organiser and each Event Sponsor that:

- 1 I waive, release and discharge Rotary Club of Naracoorte Inc. (Organiser) and the event sponsors including but not limited to Naracoorte Lucindale Council, SA Department of Environment and Heritage and each of their respective officers, employees, contractors, volunteers or agents involved in the Event from all claims or causes of action I may have (including negligence) arising from an injury, loss or damage of any kind suffered by me including personal injury, illness or death and/or loss or damage to any property (in so far as this does not breach the provisions of the Trade Practices Act) arising either directly or indirectly out of my attendance or participation in the Event.
- 2 I indemnify and will keep indemnified the Organiser and each Event Sponsor against all costs losses or damages arising from or in relation to my attendance at or participation in the Event.
- 3 I declare that I am physically fit and have trained sufficiently to participate in and complete the Event.
- 4 I consent to the free use of my name and pictures of me in any broadcast, telecast and print by the Organiser and / or the Event Sponsors in relation to the Event.
- 5 I agree to obey and accept the Event rules and any other instructions (whether announced on the day or otherwise).
- 6 I agree that should the Event be cancelled or if I do not participate in the Event for any reason, my entry fee will not be refunded and no liability will attach to the Organiser or the Event Sponsors in relation to this.
- 7 I consent to receive, and agree to pay for, any medical treatment (including transport by ambulance) which is considered, in the reasonable opinion of the Event medical officials, to be advisable, before, during or after the event.
- 8 I attend and participate in the Event exclusively at my own risk and at all times I have the option of not participating in or withdrawing from the Event at any time.
- 9 I hereby acknowledge that I have read, understood and accept these terms and conditions and agree to be bound by them in relation to my attendance at and participation in the Event.

Signed _____

Date _____

Waiver & Indemnity in respect of minors:

If the entrant will be under the age of 18 years on the day of the Event, this section must be signed by a parent or guardian of the entrant.

I, _____
certify that I am the parent / guardian of

_____ the minor) who will be _ years of age on the day of the Event. I confirm that the Minor has my consent to attend at and participate in the Event.

In consideration of accepting the Minor's application and allowing the Minor to participate in the Event, I hereby agree (for myself, my heirs, executors and administrators) with the Organiser and each of the Event Sponsors: 1. to give the same waiver, release, discharge and indemnity as set out in clauses 1 and 2 above in respect to the Minor; and 2. (In addition to clauses 1 and 2 above) that I have read, understand and accept the terms and conditions set out in clauses 3 to 9 above and agree to be bound by them in relation to the Minor's attendance at and participation in the Event.

Date _____

Signature of Parent / Guardian

Privacy Statement:

The Organiser collects personal information from all entrants (including information on the Event entry form) for the purpose of staging the Event, and for reasonably incidental purposes. The Organiser makes no disclosure of entrants' personal information. If you do not provide all the information requested, the Organiser is not obliged to accept your entry and may not register you to participate in the Event. You may obtain access to your personal information appearing on the entry form. The Organiser reserves the right to send you information about the 2010 Rotary Naracoorte - Caves Fun Run and Pedalfest.

